

South Carolina Tobacco Quitline



South Carolinians have access to a range of tobacco treatment services through the S.C. Tobacco Quitline, the state's free phone and Internet-based cessation program.

What is the S.C. Tobacco Quitline?

- ❖ A **free** comprehensive tobacco treatment service featuring phone and Internet counseling;
- ❖ A one-on-one approach to cessation counseling, where each caller is assigned to a personal Quit Coach who will work with the participant throughout the quitting process;
- ❖ A program that is science-based and has been clinically proven to help participants quit smoking and stay quit for the long-term.

When are services available?

- ❖ **8 a.m. to 3 a.m., seven days a week**
- ❖ After the initial call, participants work with their Quit Coaches to schedule subsequent sessions. The Quit Coach will then call the participant at agreed-upon times and dates. Of course, participants are free to call between scheduled sessions if they need extra support.

Who can call the S.C. Tobacco Quitline?

- ❖ Any S.C. resident age 13 and older.
- ❖ The program will prioritize services for those most in need of cessation help. It offers the most comprehensive services to uninsured callers, Medicaid patients, pregnant women and youth appointed by the courts. All callers are eligible for a one-call counseling session. Those in the above priority groups are eligible for a five-call counseling program.
- ❖ The Quitline will also direct all callers to local cessation resources.

What is the provider fax referral program?

- ❖ Through the Provider Fax Referral program, smokers and tobacco chewers no longer have to take the often difficult first step of calling the Quitline; instead, after talking with their healthcare provider, patients agree to have the Quitline call them.
- ❖ The patient completes a fax referral form with assistance from a doctor, nurse or another staff member in the clinic setting.
- ❖ The form must be signed by the patient/tobacco user and must contain a current phone number. The Quitline makes up to three attempts to reach the tobacco user. After contacting the patient or after the third attempt, the Quitline will fax the clinic a report (to be filed in the patient's chart at the clinic), detailing the outcome of the outreach.

Who sponsors the S.C. Tobacco Quitline?

- ❖ The Quitline is a partnership between the S.C. Department of Health and Environmental Control and Free & Clear®, Inc., a Seattle-based tobacco treatment provider with experience running quitlines in 16 states.

How can I get more information?

Visit www.scdhec.gov/quitforkeeps
Call 1-800-QUIT-NOW (1-800-784-8669)